

A dark, stylized background image of a person holding a dog. The person is shown from the waist up, with their arms around the dog. The dog is a medium-sized breed, possibly a pit bull or similar, and is looking towards the camera. The overall tone is dark and moody, with the person and dog rendered in shades of brown and black against a dark background.

**NO  
WORRIES®**  
BY CLINTON ANDERSON

***2021 CALENDAR***

G'day, Mate -

*The No Worries Club is made up of some of the most dedicated horsemen I've ever met. I can't thank you enough for being a loyal member and helping to create the great supportive community the club is known for. When I visit with members and you share your horsemanship journeys with me and the goals you've accomplished thanks to the Method, it makes me incredibly proud. I'm impressed with all you've done, and hope you know there's still so much more you're capable of doing with your horses. That's the best part about being a horseman—it's a never-ending journey. So here's to stepping out of our comfort zones and taking our horsemanship even further in 2021!*

Cheers,

A stylized, handwritten signature in black ink, appearing to read 'Clint'.



### ***Exclusive Access***

The No Worries Club website and the Downunder Horsemanship app offer members unlimited access to thousands of hours of horse training videos and connect you with horse owners from around the world who share your passion for the Method. Be sure you're taking advantage of all your membership has to offer. We're often told that one of the best features of the NWC is the community of horse lovers it fosters who all believe in Clinton's horsemanship philosophy. Connect with other horse owners on the website's wall and forums to share your goals, struggles and accomplishments, and get your questions answered by any number of resources Clinton has made available, including:

- Hundreds of *Downunder Horsemanship* TV shows.
- A library of videos covering a variety of topics made for members.
- Back issues of the *No Worries Journal* that are packed full of innovative, inspirational and instructional articles.
- Video Q&As in which Clinton answers members' personal training questions.
- "Test the Method" footage in which Clinton grades and critiques members as they perform each of the exercises from the Fundamentals and Intermediate Series.
- The "Methodology Series" in which Clinton shares the greatest lessons he's learned.
- Clinton's personal vlog, "The Man Behind the Method."

Log on to the club website at [www.noworriesclub.com](http://www.noworriesclub.com) or access all of the same content by logging on to the Downunder Horsemanship app.

### ***Upgrade to a Premium Membership***

Premium No Worries Club membership gives you all of the benefits that come with being a member of the club *PLUS* access to Clinton's entire training library, which means you'll be able to view all of our training kits and videos any time you want, wherever you want. That's hundreds of hours of training content worth over \$5,700 at your fingertips!

### ***Download the Downunder Horsemanship App***

The Downunder Horsemanship app is free to download from the App Store and Google Play and will connect you to the No Worries Club and Downunder Horsemanship like never before. Access premium training content as well as exclusive No Worries Club member material.

### ***Get Personalized Help***

There's no better way to improve your horsemanship or learn to fine-tune the partnership you share with your horse than by attending a clinic or taking a lesson. Clinton's Professional Clinicians and Method Ambassadors are available to travel to your barn to teach you and your horse. Learn all about the talented horsemen who have received Clinton's certification on our website [www.certifiedclinician.com](http://www.certifiedclinician.com).

### ***We're Here to Help You***

If you have questions or need help with your No Worries Club membership, contact us at 888-287-7432 or [customerservice@downunderhorsemanship.com](mailto:customerservice@downunderhorsemanship.com).



0%

LUCK

100%

HUSTLE



#APPLYTHEMETHOD





# January 2021

*Every ride, you have a choice: Make progress or make excuses. – Clinton*

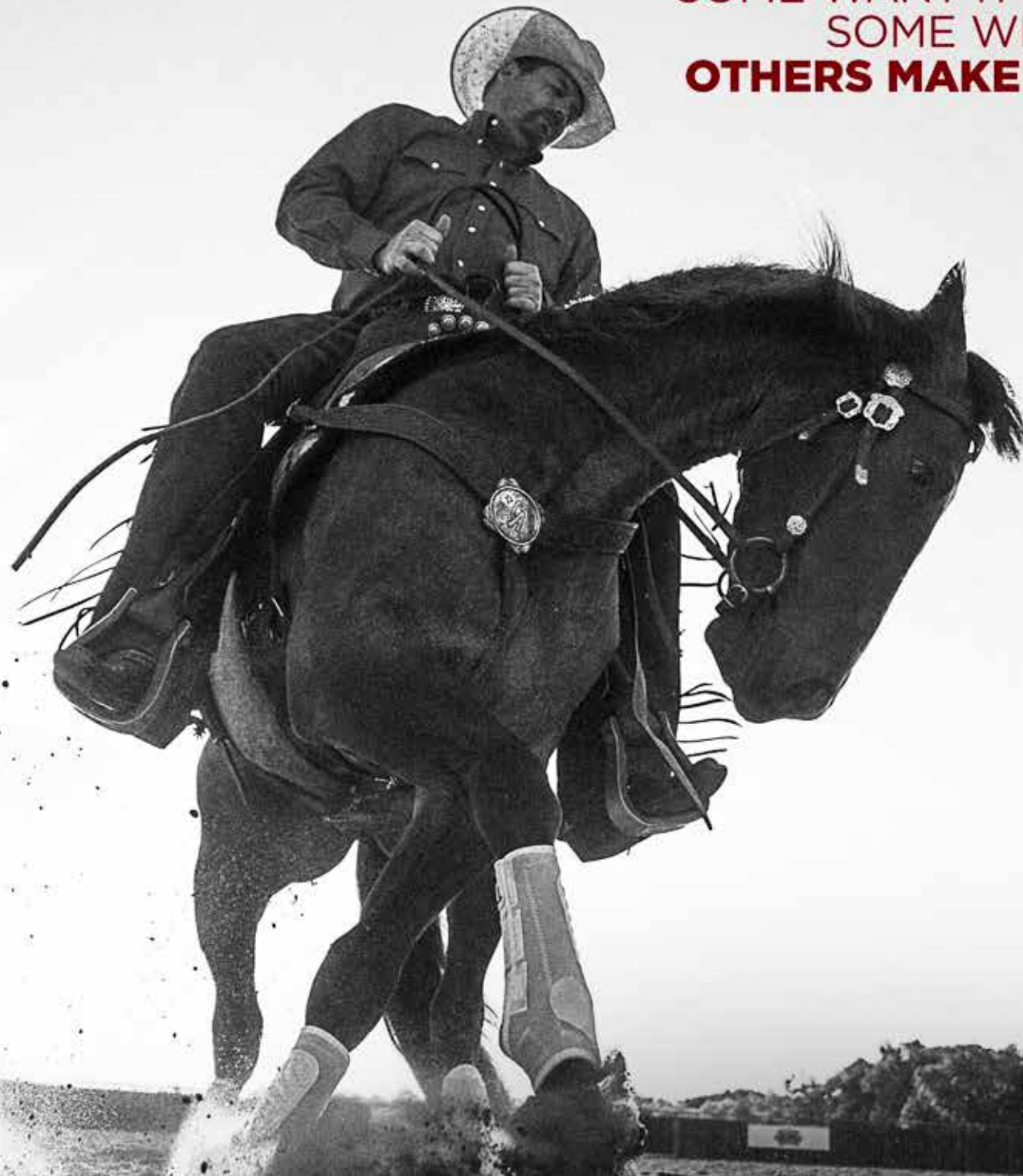
December 2020							February 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4	5			1	2	3	4
6	7	8	9	10	11	12		7	8	9	10	11	12
13	14	15	16	17	18	19		14	15	16	17	18	19
20	21	22	23	24	25	26		21	22	23	24	25	26
27	28	29	30	31				28					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
NWC Exclusive: Winter Journal					New Year's Day	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
	Martin Luther King, Jr. Day					
24	25	26	27	28	29	30
31 Diez's Birthday						

“

SOME WANT IT TO HAPPEN.  
SOME WISH IT TO HAPPEN.  
**OTHERS MAKE IT HAPPEN.**

”



#APPLYTHEMETHOD



# February 2021

*When your horse gets frightened, instead of him bolting, bucking or rearing, you want him to look to you for guidance. You'll take control of the situation by moving his feet forwards, backwards, left and right until he calms down and starts to use the thinking side of his brain. Every time you take control of the situation, the horse will build confidence in you as a leader. – Clinton*

January 2021							March 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
NWC Exclusive: Video		Groundhog Day				
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Valentine's Day	Presidents Day					
21	22	23	24	25	26	27
28						

*SLEEP WITH YOUR DREAMS OR*

***CHASE THEM***



**#APPLYTHEMETHOD**





# March 2021

*Three things you need to train a horse: time, knowledge and experience. Even if you've got the knowledge, if you don't have the time, it's not going to work. And if you have the time, but you don't have the knowledge or experience, it's probably not going to work either. – Clinton*

February 2021							April 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28							25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Daylight Savings Time begins			St. Patrick's Day			
21	22	23	24	25	26	27
28	29	30	31			
NWC Exclusive: Video						

THE ONLY THING THAT OVERCOMES BAD LUCK IS

*HARD WORK*



NO  
WORRIES

#APPLYTHEMETHOD





# April 2021

*Whenever you are around your horse, you're training him, whether you realize it or not. You're either training him to do the right thing or you're allowing him to get away with the wrong behavior. - Clinton*

March 2021							May 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Spring Journal				April Fool's Day		
4	5	6	7	8	9	10
Easter						
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



**LET YOUR  
HORSE  
BE WHAT  
HE IS,  
NOT WHAT  
YOU  
WISH  
HE WAS.**



**#APPLYTHEMETHOD**



# May 2021

*Don't be in a rush when training your horse. Take the time that it takes to make sure your horse understands each exercise before teaching him a new one. – Clinton*

April 2021							June 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30		27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
NWC Exclusive: Video						
2	3	4	5	6	7	8
	2021 Clinician Academy Begins		Cinco de Mayo			
9	10	11	12	13	14	15
Mother's Day						
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Memorial Day					





IF YOU  
COME UP  
SHORT,  
COME BACK  
STRONGER.



#APPLYTHEMETHOD



# June 2021

*Fear is your brain saying, "Hey, if you don't stop doing what you're doing, you're going to get hurt." I never tell people to ignore fear. In fact, I encourage them to listen to it and then learn how to control the situation. You gain control of the situation by educating yourself and learning to be a leader for your horse. – Clinton*

May 2021							July 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Phoenix's Birthday	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
	Flag Day				2021 Clinician Academy Ends	
20	21	22	23	24	25	26
Father's Day						
27	28	29	30			
						NWC Exclusive: Video



DO IT WITH PASSION  
OR NOT AT ALL.

#APPLYTHEMETHOD





# July 2021

*Loping your horse is sort of like cleaning the cobwebs out of his brain. If you stopped cleaning your house, the dust, grime and clutter would accumulate over time and make your house unlivable. Think of loping your horse like a routine task that needs to be done to keep his mind cobweb-free. – Clinton*

June 2021							August 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Summer Journal						
4	5	6	7	8	9	10
Independence Day						
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# DON'T GET HUNG UP ON THE WHAT IF'S.



#APPLYTHEMETHOD



# August 2021

*The concepts you teach a horse on the ground carry over to under saddle work. If he understands a lesson on the ground, there's a much better chance of the lesson going well under saddle. – Clinton*

July 2021							September 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3				1	2	3	4
4	5	6	7	8	9	10	5	6	7	8	9	10	11
11	12	13	14	15	16	17	12	13	14	15	16	17	18
18	19	20	21	22	23	24	19	20	21	22	23	24	25
25	26	27	28	29	30	31	26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NWC Exclusive: Video

**YOUR MIND  
WILL BELIEVE  
EVERYTHING YOU  
TELL IT.**



**#APPLYTHEMETHOD**



# September 2021

*Trail riding is no different from any other discipline you do with your horse. If you want to be successful in a particular discipline, your horse has to be suited for it and you have to train him to do it. That holds true whether you're into cutting, reining, polo, jumping, etc. No matter what you do with your horse, you get out of a discipline what you're willing to put into it. - Clinton*

August 2021							October 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7							1 2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30	31					24	25	26	27	28	29	30
							31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
NWC Exclusive: Video						
5	6	7	8	9	10	11
Mindy's Birthday	Labor Day					
12	13	14	15	16	17	18
Grandparents Day					Clinton's Birthday	
19	20	21	22	23	24	25
26	27	28	29	30		



**ALLOW** YOURSELF TO  
**BE A BEGINNER**

**NO ONE** STARTS OFF  
BEING PERFECT



**#APPLYTHEMETHOD**



# October 2021

*I learned at a young age that the simpler you keep horsemanship, the easier it is for you and your horse to understand. If you don't get it, he won't get it and then nobody gets it. - Clinton*

September 2021							November 2021							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4			1	2	3	4	5	6
5	6	7	8	9	10	11	7	8	9	10	11	12	13	
12	13	14	15	16	17	18	14	15	16	17	18	19	20	
19	20	21	22	23	24	25	21	22	23	24	25	26	27	
26	27	28	29	30			28	29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
NWC Exclusive: Fall Journal						
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	Columbus Day				Boss's Day	Sweetest Day
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 Halloween						

**FALLING DOWN IS AN  
ACCIDENT.**

**STAYING DOWN IS A  
CHOICE.**



**#APPLYTHEMETHOD**





# November 2021

*One of the best ways to deter a horse from bolting or doing any other dangerous behavior on the trail is to check in with him every once in a while by asking him to move his feet and soften his body. As you're walking down the trail, ask him to two-track or sidepass. Do a bending transition. Draw him to a stop. Keep him tuned in to you and on his toes. – Clinton*

October 2021							December 2021						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	
						31							

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
Daylight Savings Time ends				Veterans Day		
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				Thanksgiving Day	Black Friday	
28	29	30				
Cyber Monday						NWC Exclusive: Video

GREAT THINGS HAPPEN TO THOSE  
WHO NEVER STOP LEARNING,  
TRYING THEIR BEST OR  
BELIEVING IN THEIR HORSE.



#APPLYTHEMETHOD



# December 2021

*If you want your horse to be well-rounded under saddle, meaning he's light and responsive and readily listens to your cues, it's important to balance impulsion exercises with suppling exercises. – Clinton*

November 2021							January 2022						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30					23	24	25	26	27	28	29
							30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
NWC Exclusive: Video						
5	6	7	8	9	10	11
12	13	14	15	16	17	18
	National Day of the Horse					
19	20	21	22	23	24	25
					Christmas Eve	Christmas Day
26	27	28	29	30	31	
					New Year's Eve	

THANK YOU TO OUR SPONSORS



**NO  
WORRIES®**  
BY CLINTON ANDERSON

888-287-7432 • [WWW.NOWORRIESCLUB.COM](http://WWW.NOWORRIESCLUB.COM)