



**NO
WORRIES[®]**
BY CLINTON ANDERSON

2018 CALENDAR

A man with a beard and mustache, wearing a purple polo shirt, a grey cap with a logo, and blue jeans with a large silver belt buckle, is smiling and looking to the right. He is standing next to a wooden fence. On the fence, several horse saddles are hanging. The background shows trees and a bright sky.

Dear No Worries Club Member -

Thank you for being a loyal member of the best horsemanship club in the world! I'm extremely proud of you and the other horsemen who make up the No Worries Club. When I created the club, my hope was for it to be a trusted source of instruction, inspiration and comradery for horsemen who use the Method to help you achieve your horsemanship dreams. Because of horsemen like yourself, the club has accomplished that and so much more. Thank you for including me on your horsemanship journey. Best wishes for a successful 2018!

Cheers,

A handwritten signature in black ink, appearing to be 'Clint', written in a cursive style.

Clint

Exclusive Access

The No Worries Club website is home to hundreds of hours of horse training videos, thousands of pages of articles and gives you access to horse owners from around the world who share your passion for the Method. Be sure you're taking advantage of all the site has to offer. We're often told that one of the best features of the NWC is the community of horse lovers it fosters who all believe in Clinton's horsemanship philosophy. Connect with other horse owners on the website to share your goals, struggles and accomplishments, and get your questions answered by any number of resources Clinton has made available, including:

- Hundreds of *Downunder Horsemanship* TV shows, with new shows being added after they air on TV.
- A library of exclusive NWC videos, with an average runtime of 1.5 hours per video.
- Back issues of the *No Worries Journal* that contain over 172 pages of innovative, inspirational and instructional articles.
- Video Q&As in which Clinton answers members' personal training questions.
- "Test the Method" footage in which Clinton grades and critiques members as they perform each of the exercises from the Fundamentals and Intermediate Series.

Log on to the club website at www.noworriesclub.com.

Download the Downunder Horsemanship App

The Downunder Horsemanship app is free to download from the Apple Store and Google Play and will connect you to the No Worries Club and Downunder Horsemanship like never before. You'll be able to access exclusive No Worries Club member material.

Claim Your Walkabout Tour Tickets

Each year, No Worries Club members receive five complimentary tickets to attend Walkabout Tours. Treat yourself and your family and friends to two days full of non-stop horsemanship instruction, inspiration and entertainment! To get your tickets, call 888-287-7432.

Get Personalized Help

There's no better way to better your horsemanship or learn to fine-tune the partnership you share with your horse than by attending a clinic or taking a lesson. Clinton's Professional and Certified Clinicians and Method Ambassadors are available to travel to your barn to teach you and your horse. Learn all about the talented horsemen who have received Clinton's certification on our website www.certifiedclinician.com.

We're Here to Help You

If you have questions or need help with your No Worries Club membership, contact us at 888-287-7432 or club@noworriesclub.com.

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THE DAYS YOU ARE THE
MOST UNCOMFORTABLE

ARE THE DAYS YOU MAKE
THE MOST **PROGRESS.**




#APPLYTHEMETHOD

January 2018

Always expect more out of you and your horse. You are capable of being better than you are today; you just have to work hard and go get it. - Clinton

December 2017							February 2018							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2						1	2	3
3	4	5	6	7	8	9	4	5	6	7	8	9	10	
10	11	12	13	14	15	16	11	12	13	14	15	16	17	
17	18	19	20	21	22	23	18	19	20	21	22	23	24	
24	25	26	27	28	29	30	25	26	27	28				
						31								

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Martin Luther King, Jr. Day	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Diez's Birthday			

A cowboy wearing a brown hat, a light green long-sleeved shirt, and blue jeans is riding a brown horse through a rocky stream. The horse is stepping on large grey rocks, splashing water. The background consists of tall, dry grasses and some shrubs. The scene is lit with warm, golden light, suggesting late afternoon or early morning.

**EXCUSES ARE
FOR PEOPLE WHO
DON'T WANT IT
BAD ENOUGH.**

#APPLYTHEMETHOD



February 2018

If it's still in your mind, it is worth taking the risk. - Clinton

January 2018							March 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6						1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Video					Groundhog Day	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
			Valentine's Day			
18	19	20	21	22	23	24
	Presidents Day					
25	26	27	28			

It might take a **year**,
it might take a **day**,
but if it's meant to be
it'll **find a way**.



#APPLYTHEMETHOD




March 2018

When you do something to a horse for the first time, you plant a seed. When you do it again, it becomes a habit. When you do it for a third time, it becomes an ingrained habit. If it's a good thing, it's a good habit. If it's a bad thing, it's a bad habit. - Clinton

February 2018							April 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28				29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Video						Walkabout Tour, Fort Worth, TX
4	5	6	7	8	9	10
Walkabout Tour, Fort Worth, TX						
11	12	13	14	15	16	17
Daylight Savings Time Begins			Titan's Birthday			St. Patrick's Day
18	19	20	21	22	23	24
25	26	27	28	29	30	31

A man wearing a black cowboy hat, a dark blue long-sleeved shirt, and blue jeans is riding a light-colored horse with a white mane and tail. The horse is in motion, galloping across a green field. The background is a blurred green landscape. A semi-transparent circular graphic is overlaid on the right side of the image, containing the text.

EVERY PRO WAS
ONCE AN AMATEUR.
EVERY EXPERT WAS
ONCE A BEGINNER.
SO DREAM BIG.
AND START NOW.



#APPLYTHEMETHOD

April 2018

March 2018							May 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

The starting point is the simplest place you can begin training and have the horse understand what you expect of him. Every horse has a different starting point for every exercise. It's important to analyze your horse in order to find the best starting point for him. If you establish a good starting point, you always have a place to go back to if your horse becomes confused during the training process. - Clinton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Easter April Fool's Day			10-Day Fundamentals Clinic Stephenville, TX			
8	9	10	11	12	13	14
						10-Day Fundamentals Clinic Stephenville, TX
15	16	17	18	19	20	21
					Midwest Horse Fair, Madison, WI	Midwest Horse Fair, Madison, WI
22	23	24	25	26	27	28
Midwest Horse Fair, Madison, WI						
29	30					
	2018 Clinician Academy Begins					NWC Exclusive: Spring Journal



HARD WORK
BEATS TALENT

WHEN

TALENT DOESN'T
WORK HARD.

#APPLYTHEMETHOD



May 2018

How seriously you take responsibility for giving your horse clear, consistent cues is directly related to your horse's responsiveness to you and respect for you. - Clinton

April 2018							June 2018							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7							1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9	
15	16	17	18	19	20	21	10	11	12	13	14	15	16	
22	23	24	25	26	27	28	17	18	19	20	21	22	23	
29	30						24	25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
NWC Exclusive: Video						Cinco de Mayo
6	7	8	9	10	11	12
13	14	15	16	17	18	19
Mother's Day						Walkabout Tour, Jacksonville, FL
20	21	22	23	24	25	26
Walkabout Tour, Jacksonville, FL						
27	28	29	30	31		
	Memorial Day					



BETTER
IS NOT SOMETHING YOU
WISH FOR,
IT'S SOMETHING YOU
BECOME.

#APPLYTHEMETHOD



June 2018

Under no circumstance will your horse want to follow you or want to be your partner if you show any sign that you are not a competent leader. You have to prove to him that you are worthy of your leadership role. - Clinton

May 2018							July 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30	31			29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
NWC Exclusive: Video						Phoenix's Birthday
3	4	5	6	7	8	9
10	11	12	13	14	15	16
				Flag Day	Clinician Academy Ends Fundamentals Clinic, Tunica, MS	Fundamentals Clinic, Tunica, MS
17	18	19	20	21	22	23
Father's Day Fundamentals Clinic, Tunica, MS						
24	25	26	27	28	29	30

IF YOU WANT IT BAD ENOUGH,

YOU COME

BACK

NO MATTER WHAT
HAPPENED THE DAY BEFORE



#APPLYTHEMETHOD

July 2018

The concepts you teach a horse on the ground carry over to under saddle work. If your horse understands a lesson on the ground, there's a much better chance of the lesson going well under saddle. - Clinton

June 2018							August 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NWC Exclusive: Summer Journal	2	3	4 Independence Day	5 10-Day Colt Starting Clinic Stephenville, TX	6	7
8	9	10	11	12	13	14
15 10-Day Colt Starting Clinic Stephenville, TX	16	17	18	19	20	21
22	23	24	25	26	27	28 Walkabout Tour, Lexington, KY
29 Walkabout Tour, Lexington, KY	30	31				

**THE PROBLEM IS NOT THE PROBLEM.
THE PROBLEM IS YOUR ATTITUDE
ABOUT THE PROBLEM.**



#APPLYTHEMETHOD




August 2018

If you want to be successful in a particular discipline, your horse has to be suited for it and you have to train him to do it. That holds true whether you're into cutting, dressage, reining, polo, trail riding, jumping, etc. No matter what you do with your horse, you get out of a discipline what you're willing to put into it. - Clinton

July 2018							September 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7							1
8	9	10	11	12	13	14	2	3	4	5	6	7	8
15	16	17	18	19	20	21	9	10	11	12	13	14	15
22	23	24	25	26	27	28	16	17	18	19	20	21	22
29	30	31					23	24	25	26	27	28	29
							30						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
NWC Exclusive: Video						
5	6	7	8	9	10	11
					Fundamentals Clinic, Winnipeg, Manitoba	Fundamentals Clinic, Winnipeg, Manitoba
12	13	14	15	16	17	18
Fundamentals Clinic, Winnipeg, Manitoba						
19	20	21	22	23	24	25
26	27	28	29	30	31	

A cowboy wearing a brown hat and a red and white checkered shirt is riding a brown horse with a white blaze on its face. The horse is galloping through a dirt corral, kicking up dust. A brown calf is running alongside the horse, also kicking up dust. The background is a wooden fence.

Everyone wants to be
SUCCESSFUL
until they see the
hard work and
sacrifice it takes.



#APPLYTHEMETHOD

September 2018

August 2018							October 2018							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4			1	2	3	4	5	6
5	6	7	8	9	10	11	7	8	9	10	11	12	13	
12	13	14	15	16	17	18	14	15	16	17	18	19	20	
19	20	21	22	23	24	25	21	22	23	24	25	26	27	
26	27	28	29	30	31		28	29	30	31				

Anything worth having is worth working hard for. Your sweat doesn't cost you a cent, and you'll have more to give tomorrow. You'll be amazed at what opportunities will open up for you if you're willing to put in a little more effort. If you run at the opportunity to work hard and have a great attitude, you will be successful. - Clinton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
NWC Exclusive: Video						
2	3	4	5	6	7	8
	Labor Day		Mindy's Birthday			
9	10	11	12	13	14	15
Grandparents Day						
16	17	18	19	20	21	22
	Clinton's Birthday					
23	24	25	26	27	28	29
30						
Walkabout Tour, Del Mar, CA						Walkabout Tour, Del Mar, CA



#APPLYTHEMETHOD

LOOK IN THE MIRROR



THAT IS YOUR COMPETITION.

October 2018

September 2018							November 2018							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1						1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10	
9	10	11	12	13	14	15	11	12	13	14	15	16	17	
16	17	18	19	20	21	22	18	19	20	21	22	23	24	
23	24	25	26	27	28	29	25	26	27	28	29	30		
						30								

While there's no shame in trying something new and realizing your horse doesn't understand what you're asking of him and going back a few steps, you always want to set your horse up for success. Follow the exercises in order and take the time that it takes to make sure your horse understands each exercise before teaching him a new one. - Clinton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Columbus Day	9	10	11	12	13
14	15	16 Boss's Day	17	18	19	20 Sweetest Day
21	22	23	24	25	26	27
28	29	30	31 Halloween			

**GOOD THINGS COME
TO THOSE WHO**

**WORK HARD AND
NEVER GIVE UP**



#APPLYTHEMETHOD



November 2018

October 2018							December 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6								1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

Be clear and consistent. The more black and white you are about what behavior is acceptable and is not acceptable, the faster your horse will learn. Shades of gray only confuse him and set him up for failure. Shades of gray include inconsistency (applying cues slightly different each time you give them), nagging (picking rather than following through and getting the result you were looking for), and allowing emotion to cloud your judgement. - Clinton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
NWC Exclusive: Video						
4	5	6	7	8	9	10
Daylight Savings Time Ends				Equine Affaire, W. Springfield, MA	Equine Affaire, W. Springfield, MA	Equine Affaire, W. Springfield, MA
11	12	13	14	15	16	17
Veterans Day Equine Affaire, W. Springfield, MA						
18	19	20	21	22	23	24
				Thanksgiving Day	Black Friday	
25	26	27	28	29	30	
	Cyber Monday					

*YOU CAN'T EXPECT TO **SUCCEED**
IF YOU ONLY PUT IN **WORK ON**
THE DAYS YOU FEEL **LIKE IT.***



#APPLYTHEMETHOD 

December 2018

Successful people do what they have to do whether they feel like it or not. - Clinton

November 2018							January 2019						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30		27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
NWC Exclusive: Video 2	3	4	5	6	7	8
9	10	11	12	13 National Day of the Horse	14	15
16	17	18	19	20	21	22
23	Christmas Eve 24	25	26	27	28	29
30	31 New Year's Eve	Christmas Day				



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